## HEALTHCARE SUPPLIES

## Meal Replacements

## Ensure (Bottles)

Chocolate, Strawberry or Vanilla
$\$ 35.00 /$ case of 24
Glucerna (Diabetic)
Chocolate or Vanilla
$\$ 47 /$ case of 24
Boost
Chocolate or Vanilla or Strawberry $\$ 41.00 /$ case of 24
Consult about other flavors

Over the Counter Medications

Aspirin Low Dose Tylenol Regular \&
\& Regular Extra Strength
Advil Tums
Aleve Tylenol Arthritis
Bio-Freeze Pepto Bismol
Gravol Tylenol Cold \& Flu
Imodium Tablets Zantac 150
Polysporin Senakot Laxative Voltaren Joint Calamine Lotion Pain Reliever Polysporin

New stock coming in all the time! Submit special request to the concierge.

INCONTINENCE PRODUCTS
For more information, or to order please see the Wellness Department to make your order.

| Hygiene Product | Cost Per <br> Case |
| :--- | :--- |
| Men's Plus Briefs <br> (Size S-XL) | $\mathbf{\$ 3 5} \mathbf{- \$ 1 2 0}$ |
| Women's Tena Briefs <br> and Pull-ups <br> (Size S-XL) | $\mathbf{\$ 7 0 - \$ 1 1 0}$ |
| Pads (liners) <br> Ultimate Over Night | $\mathbf{\$ 4 5 - \$ 6 0}$ |
| Insta-Dry Pads <br> (23 x 36) | $\mathbf{\$ 6 0}$ |
| Gloves Vinyl 100 per <br> box (S/M)(L) | $\mathbf{\$ 2 0}$ |
| Wet wipes | $\mathbf{1 0}$ each PK |
| Protective Barrier <br> Cream | $\mathbf{\$ 2 5 / j a r}$ |

If you have any questions about products not on this list please feel free to contact Lori in Wellness at ext. 213

Why buy your Groceries at Hearthstone?

Convenient \& easy to order! Free Delivery to your suite!
Easy to pay for!

Your charges are applied to your monthly HCSL statement
**Don't see what you need on our list? Let our staff do the shopping for you! Bring your shopping list before Tuesday morning, and our personal shoppers will pick-up your items at the local grocery store of your choice and deliver to your suite!
*See Wellness for more information \& pricing.
$* * * * * * * * * * * * * * * * * * * * * * * * * * * * * *$

## Grocery Order Forms

 Available at the Concierge Desk or MailboxesUpdated September 2021

In-house Grocery orders submitted by 6 pm on Tuesdays are delivered to your suite on Friday afternoons at no charge to you!

## SHOPPING BY THE LAKE

Did you know...?
You DON'T have to leave Hearthstone for many grocery, frozen meals, convenience \& healthcare supplies!

You have options at Hearthstone...


HEARTHSTONE
by the Lake

## CONVENIENCE ITEMS

| Air Fresheners | Kleenex/Tissues |
| :---: | :---: |
| Band Aids | Coffee Pucks |
| Baby Powder | Lip Balm |
| Battery - AA, AAA, C or D | Night Lights |
| Battery 9 volt | Liquid Plumber |
| Body Wash | Lysol Wipes |
| Body Lotion | Mouthwash |
| Bottled Water | Masking Tape |
| Candy (Assorted) | Nail Polish Remover |
| Chips (bag) | Paper Towel |
| Chocolate Bars \& Treats | Pen |
| Cookies | Pencil |
| Clorox Bathroom Cleaner | Polident |
| Dishwasher Detergent s | Poligrip |
| Deodorant | Q-Tips |
| Dish Soap | Hand Sanitizer |
| Envelopes | Pocket Tissues |
| Razors | Scotch Tape |
| Laundry Soap | Soap Bar |
| Garbage Bags | Shampoo |
| Mints | Shaving Cream |
| Gatorade /PowerAde | Tassimo Coffee Pack |
| Ginger ale (Single Can) | Dryer Sheets |
| Greeting Cards | Toilet Paper Rolls |
| Gum | Werthers Originals |
| Halls Lozenges | Tooth Brush |
| Hand \& Body Lotion | Tooth Paste |
| Hearing Aid Batteries | Vaseline |

Suggestions are always welcome!
Keep an eye out for our specials advertised on HearthstoneTV (\#398 Cogeco)

## CONCIERGE SERVICES

The Concierge can assist with:

Typing, Printing, Laminating Photocopies, Faxes
Sending Packages
Directions/Maps

For your convenience we also have:

Canadian, USA \& International Stamps

Re-loadable Gift Cards, good for payment towards for any

Hearthstone service or purchase!
Always a great gift idea!

Visit our new website:
Hearthstoneburlington.ca

GROCERY ITEMS
FROZEN FOODS

## Grocery items available for pick-up in the Lobby at 2 PM daily.

| Cranberry Juice | 1.89 L | $\$ 6.00$ |
| :--- | :---: | :---: |
| Apple Juice | 1.89 L | $\$ 6.00$ |
| Orange Juice | 1 L | $\$ 6.00$ |
| V8 Cans | 6 pack | $\$ 8.00$ |
| Cream 10\% | 1 Liter | $\$ 5.50$ |
| Milk (2\%) | 1 Liter | $\$ 3.50$ |
| Lactose-Free 2\% Milk | 1 liter | $\$ 4.00$ |
| Cheddar Cheese (med) | 250 g Sliced | $\$ 11.00$ |
| Prune Juice | 1.89 L | $\$ 6.00$ |
| Butter (Unsalted) | 1 LB. | $\$ 8.00$ |
| Eggs | Dozen | $\$ 6.00$ |
| Multigrain Bread | 1 Loaf | $\$ 5.00$ |
| Bread Sliced (White or | 1 Loaf | $\$ 4.00$ |
| Brown) | 1 loaf | $\$ 6.00$ |
| Cinnamon Raisin Bread | 1 Liter | $\$ 3.50$ |
| Milk 2\% | 12 pack | $\$ 9.00$ |
| Assorted Yogurt | 212 mL | $\$ 2.50$ |

## Fresh Fruit

Bananas $\$ .075$

Oranges/Apples \$1.00
Pineapple
Strawberries
Grapes
Market Price Market Price


Bake Sale \& Frozen Items

| Frozen Lasagna w/Garlic | 1 | \$8.99 |
| :---: | :---: | :---: |
| Bread |  |  |
| Large Pot Pie | 1 | \$5.00 |
| (Chicken or Beef) |  |  |
| Small Pot Pie | 1 | \$4.00 |
| Macaroni \& Cheese | 1 | \$5.99 |
| Assorted Loaves | 1 | \$6.00 |
| Assorted Muffins Single | 1 | \$1.49 |
| Pack of 6 assorted muffins |  | \$8.00 |
| Cabbage Roll | 1 | \$3.99 |
| Cookies 6 | 1 | \$3.50 |
| Mini Loaf | 1 | \$3.00 |
| *Ask to speak to Dining Room staff to inquire what is currently available |  |  |
| Gluten Free |  |  |
| Items can be special ordered upon request. See Food \& Beverage Manager for more info. |  |  |
|  |  |  |

To Order Groceries: Fill out an Order Form at the Concierge Desk

- OR -

Phone the Concierge to place your order.

